



**St Mary's RC Primary School
and Nursery
Personal, Social and Health Education
(PSHE) and Citizenship Policy**

Vision: 'A Journey to Excellence'

We believe that each child is made in the image and likeness of God therefore we develop the 'whole child' to reach their individual potential. We have high expectations and celebrate success both academically and socially. We aim to provide an outstanding Catholic education so that we can make a valuable contribution to the community in which live and serve.

Mission statement:

'We are happy living and learning in God's Friendship'

1 Statement of intent, aims and objectives

1.1 Statement of intent: at St Mary's RC Primary School, our Mission Statement commits us to the education of the whole child (spiritual, physical, intellectual, moral, social, cultural, emotional) and we believe that PSHE is an integral part of this education. Furthermore, we will endeavour to raise pupils' self-esteem, help them to grow in knowledge and understanding, recognise the value of all persons and develop positive, caring and sensitive attitudes. PSHE enables our children to become healthy, independent and responsible members of a diverse multicultural society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self-worth. We teach them how society is organised and governed, ensuring that they experience the process of democracy within school, learning about rights and responsibilities. We want St Mary's pupils to gain in confidence and to develop aspirations for their futures, so that they are well-prepared for their transition to high school - and ready to move forward with positive experiences in their journeys through life.

1.2 The aims of personal, social and health education and citizenship are to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school, parish and the wider community;
- develop an awareness of global issues.

2 Teaching and learning style

2.1 We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes

in such a way that pupils are able to participate in discussion to resolve conflicts and set agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, whom we invite into the school to talk about their role in creating a positive and supportive local community in the first instance and leading to the wider world.

3 PSHE and citizenship curriculum planning

- 3.1** We teach PSHE and citizenship in a variety of ways. In some instances, e.g. drugs education, we teach PSHE and citizenship as a discrete subject.
- 3.2** Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.
- 3.3** We also develop PSHE and citizenship through whole-school events such as Mental Health Day, Be Kind Week and activities such as the school council representatives from each class meet regularly to discuss school matters.
- 3.4** As part of the Recovery Curriculum, there is an increased focus on PHSE and Mental Health/Well-being across school. A personalised curriculum has been implemented which focuses on topics and areas of focus based on what the children at our school need most.
- 3.5** To support teaching and learning of PSHE, teachers use the PSHE Association and from January 2021, 10:10 RSE Scheme of Learning will run alongside this. Staff will receive relevant training by the PSHE Leader and Parents will be involved in the initial preparation stages of the new 10:10 RSE Scheme of Learning during the Autumn term 2020.
- 3.6** All classes document their PSHE Learning in their Class Journals.

4 Early Years Foundation Stage

- 4.1** We teach PSHE and citizenship in EYFS as an integral part of the topic work covered during the year. As the Nursery and Reception class are part of the Foundation Stage, we relate the PSHE and citizenship aspects of the children's work to the objectives

set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in EYFS when we teach 'how to develop a child's knowledge and understanding of the world'. Our EYFS also take part in PSHE whole school themes.

5 Teaching PSHE and citizenship to children with special needs

5.1 We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and citizenship we take into account the targets set for the children in their Individual Education Plans (IEPs).

6 Assessment and recording

6.1 Teachers assess the children's work in PSHE and citizenship both by making informal judgements as they observe them during lessons and by doing formal assessments of their work, measured against the specific learning objectives set out in the National Curriculum. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

6.2 Teachers record the achievements of pupils in PSHE and citizenship in the class journals and other books across the curriculum. We report these achievements to parents each year.

6.3 We do not set formal examinations in PSHE and citizenship. The assessments that we make of pupil achievement do not imply that a pupil has 'passed' or 'failed'.

7 Resources

7.1 We keep resources for PSHE and citizenship in a central store in topic boxes for each unit of work. We have additional resources and books in our school library. Our PSHE and citizenship subject leader holds a selection of reference materials for teaching sensitive issues.

8 Monitoring and review

8.1 The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current

developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the headteacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement. We allocate special time for our subject leader to enable him/her to fulfil this role by reviewing samples of children's work and visiting classes to observe teaching in the subject.

9 Policy Monitoring

- 9.1** Any changes made to this policy will be communicated to all members of staff.
- 9.2** All members of staff are required to familiarise themselves with all process and procedures outlined in this policy as part of their induction.
- 9.3** This policy was updated in January 2021 by A.Oldham and reviewed in September 2021.
The next review date will be September 2022.

Signed: *a.oldham*

(On behalf of the staff)

Signed: F McIlwaine

(On behalf of the governors)