

## PSHE Curriculum 2022-2023



		EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Autumn	Created and loved by God	Unit 1: Religious Understanding: Handmade with Love	Unit 1: Religious Understanding: Let the Children Come	Unit 1: Religious Understanding:  1. Get Up!  2. The Sacraments	Unit 1: Religious Understanding:  1. Calming the Storm
		Unit 2: Me, my body, my health  1. I am me  2. Head, shoulders, knees and toes  3. Ready teddy	Unit 2: Me, my body, my health  1. I Am Unique (Me)  2. Girls and boys  3. Clean and healthy  Key Decision: Girls and boys unit – Year 2 to be taught the vocabulary for genitalia	Unit 2: Me, my body, my health  1. We Don't Have To Be The Same  2. Respecting Our Bodies  Key Decision: Year 4 only sessions on puberty are not taught in LKS2 – these sessions are taught in Year 5	Unit 2: Me, my body, my health Year 5 and 6:  1. Gifts and Talents 2. Girls' Bodies 3. Boys' Bodies 4. Spots and Sleep
		Unit 3: Emotional well-being  1. I Like, You Like, We All Like!  2. Good feelings/bad feelings  3. Let's get real  Assessment unit	Unit 3: Emotional well-being  1. Feelings, Likes, Dislikes  2. Feelings Inside Out  3. Super Susie Gets Angry  Assessment unit	Unit 3: Emotional well-being  1. What Am I Feeling?  2. What Am I Looking At?  3. I Am Thankful!  Assessment unit	Unit 3: Emotional well-being  1. Body Image  2. Peculiar Feelings  3. Emotional Changes  4. Seeing Stuff Online  Assessment unit
		Unit 4: Life cycles  1. Growing up	Unit 4: Life cycles  1. The cycle of life	Unit 4: Life cycles  1. Life Cycles  Key Decision: Year 5 only	Unit 4: Life cycles  1. Key Decision: making babies part 1&2 Year 6 only  2. Key decision: Year 5 to cover the Year 4 lesson on life cycles 3. Menstruation
Spring	Created to love others	Unit 1: Religious Understanding: Role model	Unit 1: Religious Understanding: God loves you	Unit 1: Religious Understanding: Jesus, My Friend	Unit 1: Religious Understanding: Is God calling you?
		Unit 2: Personal Relationships  1. Who's Who?  2. You've got a friend in me  3. Forever friends  Unit 3: Keeping Safe  1. Safe Inside and Out  2. My body, my rules  3. Feeling poorly  4. People who help us	Unit 2: Personal Relationships  1. Special People 2. Treat Others Well 3 and say sorry! Unit 3: Keeping Safe 1. Being safe 2. Good secrets/bad secrets 3. Physical contact 4. Harmful substances	Unit 2: Personal Relationships  1. Friends, Family & Others  2. When things feel bad  Unit 3: Keeping Safe  1. Sharing online 2. Chatting online 3. Physical contact 4. Drugs, alcohol and Tobacco	Unit 2: Personal Relationships  1. Under pressure  2. Do You Want A Piece of Cake?  3. Self-talk  Unit 3: Keeping Safe  1. Sharing Isn't Always Caring  2. Cyber bullying  3. Types of Abuse  4. Impacted lifestyles

		Assessment unit	Assessment unit	5. First aid heroes	5. Making good choices
				Assessment unit	6. Giving assistance
					Assessment unit
Summer	ated to live in the community	Unit 1: Religious Understanding:	Unit 1: Religious Understanding:	Unit 1: Religious Understanding:	Unit 1: Religious Understanding:
		1. God's love	1. Three in One	1. Trinity House	1. The trinity
		2. Loving God and loving others	2. Who is my neighbour?	2. What is the church?	2. Catholic social teaching
		Assessment unit	Assessment unit	Assessment unit	Assessment unit
		Unit 2: Living in the Wider World	Unit 2: Living in the Wider World	Unit 2: Living in the Wider World	Unit 2: Living in the Wider World
		1. Me, You, Us	<ol> <li>The Communities We Live In</li> </ol>	1. How Do I Love Others?	<ol> <li>Reaching out</li> </ol>
		2. Diversity in our community	2. Money matters	2. Money matters	2. Money matters
		3. Aspirations	3. Diversity in our community	3. Diversity in our community	3. Stereotypes and diversity within our
			4. Aspirations	4. Aspirations	communities
	Cre				4. <mark>Prejudice</mark>
					5. Aspirations

Yellow hightlighted information show where our 'Key Decisions' are

Blue highlights show which units are assessment ones

## Additonal non-statutory sessions which have been added in

Media literacy and digital resilience is specifically covered during internet safety week and referred to throughout the year

Shared responsibilities are covered during the year beginning with settiling in in September, they are also covered during RE sessions and our whole school ECO Week.