

St. Mary's Developmental Prayer Programme

<u>Age Group</u>	<u>Objectives outlined in the Religious Education Curriculum Directory</u>	<u>What this looks like at St. Mary's R.C. Primary School</u>
3-5	<ul style="list-style-type: none"> • Experience and recognise prayer is talking and listening to God; • Experience praying with others as a celebration; • To be able to join in simple prayers and hymns. 	<ul style="list-style-type: none"> • Learn how to make the sign of the Cross, close eyes, join hands, light candle and can explain the significance of these actions, saying the words 'from my mind to my heart, cross my heart, Amen'. • Prayers at different points of the day e.g. morning, lunch, end of day. • Sit quietly and listen to relaxing music to enable pupils the opportunity to listen to God. • Mission Statement – pupils pray the Mission Statement. • Learn the Hail Mary. • Pupils learn some children's hymns and prayers. • Collective worship as a class, whole school and key stage. • Prayer boxes/bags are sent home appropriate to the Liturgical Calendar. • Attend services held in school. • Pupils visit prayer stations around the school.
5-7	<ul style="list-style-type: none"> • Signs and symbols used by the Church; • Prayers from scripture and tradition; • Jesus prayer to his Father; • Ways in which people pray in Church. 	<p>As above PLUS:</p> <ul style="list-style-type: none"> • Children begin to write their own prayers and intercessions and are encouraged to pray individually at the class prayer table. • Teach pupils the Our Father, Glory Be and we introduce The Rosary. • Christian Mindfulness begins. • A variety of hymns are practised.
7-11	<ul style="list-style-type: none"> • Community prayer; • Signs and symbols and their significance in Liturgy. • Prayers used at the Eucharist; • Prayers of the Mass; • Prayer in the life of Jesus. • The prayer Jesus taught his friends (Our Father) and its significance. • A variety of prayer and prayer forms, formal and informal used for personal and community prayer. 	<p>As above PLUS:</p> <ul style="list-style-type: none"> • Pupils are taught the responses used during Mass and are encouraged to participate during Mass by joining in with these responses. • Pupils are taught non-verbal actions which are part of the celebration of Mass, e.g. genuflection, blessing themselves with Holy Water etc. • Pupils have the opportunity to attend mass through school. • The GIFT Team are recruited – actively run individual prayer sessions. • Pupils are encouraged to pray and write intercessions at the various stations around school. • Pupils are taught Liturgical dance as a form of active prayer and worship. • Traditional prayers directly associated with the Sacraments are taught, e.g. the Act of Contrition. • Mindfulness and meditation are further developed and Philosophy for Children (P4C) is introduced to develop a deeper appreciation of talking and listening to God is encouraged. • Big Questions are reflected upon during prayer. • Children pray the Stations of the Cross at KS2. • How to pray according to the correct point in the Liturgical year, e.g. Lenten Promises; Holy Souls –November.

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| | | <ul style="list-style-type: none">• Different types of prayer – asking, thanking.• KS2 – Different styles of prayer; active, ICONS, Liturgical dance, hymns etc.• Use of Prayer Boxes developed further; children are encouraged to add to the pray boxes and complete reflection sheets. Children are also encouraged to bring in photographs and objects that reflect personal prayer and celebrations attended at home. |
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