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| Year Term | EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | FMS Rumble in the Jungle | Baseline Assessment Unit ; Gymnastics | Baseline Assessment Unit; Gymnastics | Gymnastics;Multiskills and fitness | Gymnastics;OAA – team work and problem solving | Gymnastics;Invasion Games | Swimming;Invasion Games |
| Autumn 2 | FMS Superworm  | Gymnastics;Dance | Games;Dance | Athletics;Net and Wall | Athletics;Net and Wall | Athletics;Net and Wall | Swimming;Net and Wall |
| Spring 1 | FMS How to Catch a Star | Gymnastics | FMS – Ball skills;Gymnastics | Gymnastics;Dance | Gymnastics;Dance | Dance;Swimming | Gymnastics;Dance |
| Spring 2 | FMS Minibeasts | FMS - BouncingGames - Kicking | FMS - ThrowingGames | Invasion Games;Net and Wall | Invasion Games;Net and Wall | Invasion Games;Swimming | Athletics;Net and Wall |
| Summer 1 | FMS Castles | FMS - ThrowingMultiskills/Fitness | AthleticsMultiskills/Fitness | Athletics;OAA – team work and problem solving | Athletics;Swimming | Athletics;Net and Wall | Athletics;Gymnastics |
| Summer 2 | FMS Seaside | Dance;Baseline Reassessment | Net and wall;Baseline Reassessment | Striking and Fielding;Swimming | Striking and Fielding;OAA -Trusts and Trails | Striking and Fielding;OAA - Orienteering | Striking and Fielding;OAA – Teamwork and problem solving |

PE Curriculum Overview 2024/2025

\*\* PE is taught using the Lancashire PE Passport Scheme of Work